



RESTROOMS

Restrooms for public use are available in three locations: next to the elevators; across from the public telephone located in the hallway outside the unit; plus, two restrooms located within the Pediatric Intensive Care Unit.

PARKING

Parking for public use is located in the parking structure off Etiwanda Street, where an hourly fee is charged. Weekly parking passes are available from the parking attendant. Weekly passes are recommended for those visiting on a regular basis, as hourly parking can cost up to \$5 per day.



Northridge Hospital Medical Center

CHW



Northridge Hospital Medical Center
18300 Roscoe Boulevard, Northridge
Main Number: (818) 885-8500

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Pediatric Intensive Care Unit



A Guide for Parents

18300 Roscoe Boulevard
Northridge, CA 91328
(818) 885-5349

Pediatric Intensive Care can be a very frightening place for both the child and the parents. We would like to help decrease the stress of admission as much as possible.

The phrase, "Intensive Care" indicates that your child needs close observation and monitoring. The staff caring for your child is specially trained in pediatrics. Northridge Hospital's Pediatric Intensive Care Unit provides one full-time nurse per every one to two patients - depending on the patient's condition.

The doctors caring for your child are Pediatric Intensivists, meaning they specialize in caring for children requiring intensive care medicine.

When your child's condition improves and intensive care is no longer needed, she/he will be transferred to the Pediatric Unit.

As your child's condition improves, we encourage active parent participation in patient care. This provides a smooth transition as you and your family prepare for hospital discharge.

VISITING POLICY

Parents – Visiting hours are unlimited for parents of the patient. In most cases, we allow one parent to spend the night in the room (at the discretion of the nursing staff). A cot will be provided, but we ask that it be closed up by 9am each day.

Family Members – Visitors are limited to immediate family only and are limited to two people at a time. Hospital policy states that no children under the age of 12 years will be permitted to visit Intensive Care patients. Children under the age of 12 years should wait with an adult in the first floor lobby.

Help Us Help Your Child – To provide the high quality care that your child needs right now, we ask for your cooperation when it is necessary to temporarily leave the patient's room. Visitors may need to leave the patient's room during patient examinations or in-room procedures; during a change in our staff's shifts; or in case of a medical emergency with your child or another patient on the unit. You will be allowed back in the room as soon as possible. In the meantime, the Parents Waiting Room is located directly outside the Pediatric Intensive Care Unit, where a telephone is available to receive calls from family members (ext. 2527). Your understanding is appreciated. Visitors, including parents, exhibiting cold or flu symptoms will not be allowed to visit.

Patient Inquiries – While your child is in the Pediatric Intensive Care Unit, our staff is happy to answer questions about the child's condition from parents and grandparents only. Other family members must rely on the patient's parents for this type of information.

Hand-washing – We ask that you and all visitors wash their hands upon entering and exiting the patients room. Good hand washing helps prevent the spread of diseases. The cafeteria and vending machines are located in the basement. Cafeteria hours are from 7am to 10am, 11am to 1:30pm, and 5pm to 7pm – Seven days a week.

FOOD

Guest food trays for parents can be purchased using a voucher system. Vouchers can be purchased from the gift shop (located in the main lobby) or the cafeteria (located on the basement level). To order a meal, please dial DINE (3463) from the patient's room.