

Clinical Research Trials

Discovering Tomorrow's Treatments

Finding Cures...Improving Survival Rates... Increasing Life Expectancy—Just a Few Reasons Northridge Hospital Medical Center Makes Clinical Research Opportunities Available to Our Patients

For more than 25 years, Northridge Hospital has partnered with some of the nation's most respected institutions, such as the National Institutes of Health. Our commitment to furthering medicine grows stronger as many of these trials result in promising outcomes.

Consider the breast cancer trial in which Northridge Hospital's participants took Letrozole. The study concluded ahead of schedule when data indicated the drug significantly improved disease-free survival.

"Patients who participate in research trials can gain access to cutting-edge medical procedures or drugs," states **Dolly Roy, MD, PhD**, Neurologist. "These may be the best or perhaps only possibility to combat their disease."

Other high profile studies we've participated in include STAR (Study of Tamoxifen and Raloxifene), the largest breast cancer research trial ever conducted. "We're also involved in ACCORD (Action to Control Cardiovascular Risk in Diabetes), a study that evaluates blood sugar control and cardiac risk in people with Type 2 diabetes," explains **Kevin Ariani, MD**, Cardiologist, the study's primary investigator. "ACCORD is the largest trial of its kind, and we are the largest study site in the world with 300 participants."

"To ensure patient safety, all medical procedures and drugs are proven safe and effective in laboratory studies prior to being tested on humans," affirms **Christopher Chow, MD**, Internal Medicine. "Of course, all clinical trials are voluntary for participants."

In addition, the Institutional Review Board (IRB) at Northridge Hospital confirms that every research trial meets the strictest federal, state and hospital standards.

Northridge Hospital is currently offering 85 clinical research opportunities—many of which are funded by the National Institutes of Health—in the areas of Cardiology, Diabetes, Endocrinology, Gynecology, Ophthalmology, Sleep Disorders, Emergency Medicine, Neurology, Oncology, Stroke, Pain Management, Rheumatology and Immunology.

For more information on our clinical research studies, please call 818-885-5391 or visit www.NorthridgeHospital.org/Research.



Kevin Ariani, MD, Cardiologist (bottom); **Dolly Roy, MD, PhD**, Neurologist (middle); and **Christopher Chow, MD**, Internal Medicine (top), are among Northridge Hospital's large pool of research-oriented physicians.

