

AMAZING...

Patient & Family Centered Care

Advanced Technology

Timeliness

Compassion

Quality



AMAZING HAPPENS HERE.



Northridge Hospital Medical Center

A member of CHW

AMAZING HISTORY

In 1955, 37 physicians invested their own money to build the first hospital in the West San Fernando Valley. A humble beginning, this 49-bed hospital served 200,000 people. During the past 55-plus years, Northridge Hospital Medical Center has grown with the community, evolving into a 411-bed nonprofit facility serving two million residents.

With a Medical Staff of more than 800 physicians in nearly 60 specialties, we are proud to provide patients with technologically advanced, safe, effective and compassionate care.



Northridge Hospital has earned the Gold Seal of Approval™ from The Joint Commission (TJC). To maintain TJC's Gold Seal of Approval, organizations must undergo a comprehensive accreditation process and participate in unannounced onsite surveys. This affirms our ability to positively enhance the patient experience and outcome. We are very proud to add this to our many other honors and awards.



ASTOUNDING SPEED & RESPONSE

Adult and Pediatric Trauma Center and Emergency Department

Traumatic injuries are severe and life-threatening. In a moment's notice, Northridge Hospital's specialized Trauma Team assembles to save lives within the Golden Hour. Treatment within this first 60 minutes after traumatic injury is proven to increase the chance of recovery and survival.

Our **Trauma Center** is one of only two in the San Fernando Valley complete with a heliport, specialized equipment, and an elite team of surgeons and skilled nursing staff. We treat over 1,000 trauma cases each year while our **Emergency Services Department** treats more than 50,000 patients every year.



First and Only Pediatric Trauma Center



Traumatic injuries are the leading cause of death and disability in children, making immediate, life-saving medical care crucial. Enter Northridge Hospital's **Pediatric Trauma Center**—the **only** one in the San Fernando Valley. Twenty-four hour access to our local pediatric trauma center means that children with traumatic injuries no longer need to be transported further away. To expedite care, our Pediatric Trauma Team assembles to await the patient's arrival so they can provide care within the Platinum 30 Minutes—known as the first half hour after injury that increases a child's chance of survival.



Northridge Hospital has earned an **Emergency Department Approved for Pediatrics (EDAP)** designation that ensures we have the staff and technology needed to provide immediate care to young patients.

*Emergency Services Department
818-885-5396*

*Richie Pediatric Trauma Center
818-885-5396,
press 1*

Children's Services

The Pediatric Trauma Center's multifaceted care continues in the **Pediatric Intensive Care Unit** and **Pediatrics Unit**. Both units are certified by the rigorous standards of California Children's Services. We also feature a 22-bed **Neonatal Intensive Care Unit** that offers the most sophisticated care for our tiniest patients.

EXCEPTIONAL HEART CARE

cardiovascular center

Put your heart in the right hands at Northridge Hospital. Our **CardioVascular Center** offers the most advanced digital Cath Labs, a Chest Pain Center and groundbreaking surgical techniques. To boost patients' recovery, our CHAMP program features an expert cardiac team that can help many heart patients improve heart health and reduce risk by better managing congestive heart failure.

Northridge Hospital has received two elite designations for meeting the most stringent standards for heart care in the nation.

Northridge Hospital is one of the first designated **STEMI (Heart Attack) Receiving Centers** in Los Angeles County. This attests to our ability to rapidly identify and treat a heart attack in progress, which increases the likelihood of survival.



The Center has also received the **Blue Distinction for Cardiac Care Designation** from Blue Cross/Blue

Shield for demonstrating exceptional cardiac care and achieving better outcomes for patients.

Cath Lab 818-885-5301

Cardiology 818-885-5305

Chest Pain Center 818-885-EKGS (3547)

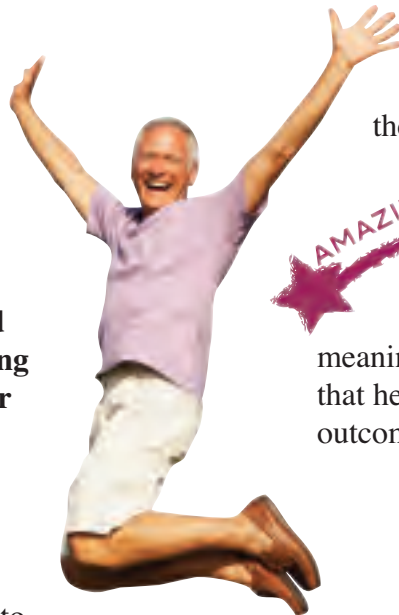
MIRACULOUS RECOVERIES

Center for Rehabilitation Medicine

After a critical injury, patients just want to get back in the game of life. Since 1974, the **Center for Rehabilitation Medicine** has helped patients conquer obstacles and reach goals. We are equipped to treat people who have suffered any major disabling condition, whether it's a spinal cord injury, brain injury, stroke, multiple trauma, burn,

amputation, neurological

disorder, arthritis or orthopedic problem. Our inpatient and outpatient treatment programs help patients regain abilities and control of their lives.



The **Center for Rehabilitation Medicine** has received accreditation from CARF (Commission on Accreditation of Rehabilitation Facilities), meaning that we maintain a patient-focused program that helps individuals achieve chosen goals and outcomes.

Inpatient 818-700-5648
Outpatient 818-885-5334

EXTRAORDINARY SPECIALTIES



Neuroscience Institute

The Neuroscience Institute treats a wide variety of neurological problems and specialties, such as brain tumors, brain injuries, sleep problems and neurological disorders.

Neuroscience Institute
818-885-3504

Gamma Knife

Not a knife at all—we're the only hospital in the Valley offering this safe effective brain surgery procedure that uses 201 beams of gamma radiation in lieu of a blade. **Gamma Knife** involves little discomfort, is performed without a single incision and most patients return home from the hospital the same day.

Gamma Knife
818-885-5432

Sleep Evaluation Center

A sleep problem can wreak havoc on one's quality of life. Our **Sleep Evaluation Center** diagnoses and treats patients so they can get the restful sleep they need. We help people suffering from sleep apnea, narcolepsy, insomnia, loud snoring or a neurological sleep condition.



The **Sleep Evaluation Center** has received accreditation from the American Academy of Sleep Medicine, ensuring that we have the expert medical professionals and advanced techniques to successfully treat people with sleep problems.

Sleep Evaluation Center
818-885-5344

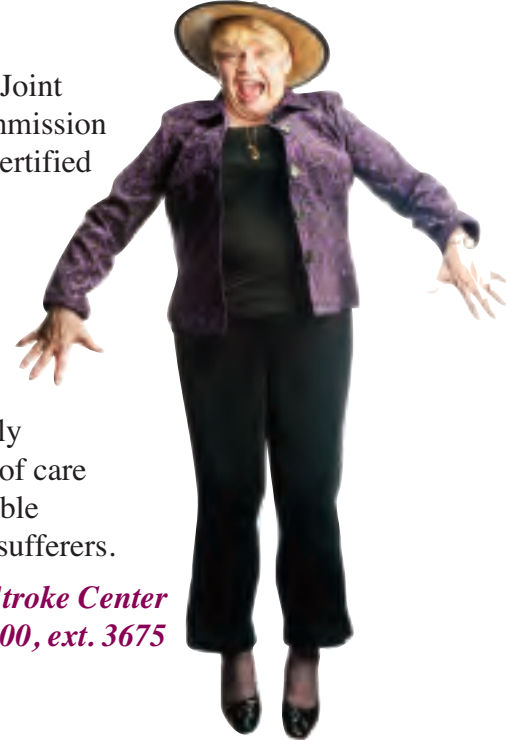
Stroke Center

In the event of a stroke, our **Stroke Center** experts respond swiftly to help patients regain their highest level of function and independence. In addition, we offer exceptional diagnostic tools to help prevent stroke, even for patients who are at high risk.



The Joint Commission has certified Northridge Hospital as an **Advanced Primary Stroke Center**—the first one in the central San Fernando Valley. This nationally recognized standard of care fosters the best possible outcomes for stroke sufferers.

Stroke Center
818-885-8500, ext. 3675



COMPASSIONATE THERAPIES

Psychiatric, Drug and Alcohol Services

Our **Behavioral Health Department** offers inpatient and outpatient psychiatric care for both adults and teens in a safe, healing environment. Our expert staff gives patients the skills they need to conquer drug and alcohol addictions and mental illness.

Behavioral Health
818-885-5484

NOTABLE COMPASSION

Women's Health

The **Carole Pump Women's Center** offers women the most advanced diagnostic services and treatments at every stage of life. Here, female physicians and specialists treat women in a private, comfortable, homelike setting. Women's services include breast health, osteoporosis screenings, high-risk pregnancy care and wellness education. The Center also features **digital mammography** allowing for shorter exam times and faster results. Personalized care is provided in our supportive, healing environment under the direction of a female, Board-certified, Fellowship-trained Women's Imaging Radiologist supported by highly-trained clinical technologists.



The **Carole Pump Women's Center** is fully accredited by the American College of Radiology (ACR) for breast ultrasound and breast intervention, and the Mammography Quality Standards Act (MQSA). The Center also holds both a State of California and U.S. Food and Drug Administration (FDA) certificate for meeting the highest professional standards of safety and quality.

Carole Pump Women's Center
818-700-5678

ASTONISHING FIRSTS

Babies First

More and more expectant parents are choosing Northridge Hospital to deliver their newborn where there's an entire floor dedicated solely to the birthing experience.

Our **Babies First**

program offers an extensive series of expectant parent classes, a complete baby portrait and online nursery service, plus, our



maternity suites radiate a "homelike" feel. Most importantly, expectant parents can rest assured that we have state-of-the-art technology, a 22-bed Neonatal Intensive Care Unit, expert OB/GYNs on staff, experienced nurses and professional lactation consultants who are committed to providing the best care for mom and baby.



Northridge Hospital's Women's and Children's Services has earned a four-year Infant Hearing Screening State Accreditation for helping to ensure optimal growth and development.

The **Breastfeeding Task Force** of Greater Los Angeles awarded Northridge Hospital with the "Mother Baby Friendly Workplace Award" for providing support to breastfeeding employees with a private place and reasonable break times to pump milk.

Babies First
818-885-5434

REMARKABLE TREATMENTS



Cancer Treatment and Support

The expanded award-winning **Thomas & Dorothy Leavey Cancer Center** boasts the most comprehensive, technologically-advanced treatments in the Valley. We are the first to offer the most sophisticated cancer-fighting equipment, including Gamma Knife, da Vinci Robotic-Assisted Surgery, Trilogy Stereotactic Radiation Therapy and specialty programs such as our Liver and Pancreas Program and Surgical Oncology Clinic. In addition, the **Harold & Carole Pump Department of Radiation Oncology** offers state-of-the-art high-dose radiation treatments that avoid damaging healthy tissue and successfully treat all stages of cancer. We offer entertaining technology as well—all rooms feature an individual flatscreen television, headphones, DVD player, iPod and Wi-Fi access for computers.

To foster a healing environment, the Center features warm finishes, live plants, a water wall, a meditation garden and sanctuaries for rest and reflection. Patients also have access to:

- Music Therapy
 - Art Classes
 - Massage Therapy
 - Spiritual Care Support
 - Personal Navigators for guidance
- all offered to treat the mind, body and soul.

**Thomas & Dorothy Leavey
Cancer Center
818-885-5431**



A Nurse Navigator meets with newly diagnosed cancer patients one-on-one to offer compassionate support, encouragement and education. With grants from the Avon Foundation for Women, the Nurse Navigator refers patients and their families to support groups, arranges transportation, facilitates appointments, and most importantly, actively listens.

**Navigator Program
818-885-5471**

Angie's Spa provides funding for cancer patients to receive FREE hand, foot, head and neck massages. The massages are proven to decrease stress and alleviate some side effects of treatment.



The **Leavey Cancer Center** has earned two esteemed accreditations from the Association of Community Cancer Centers and the American College of Surgeons (ACOS). Only 25 percent of hospitals nationwide have received the prestigious ACOS accreditation.

EXCEPTIONAL IMAGES

Renaissance Imaging Center

The **Renaissance Imaging Center** is a joint venture between Northridge Hospital and Renaissance Imaging Medical Associates. The Center's signature piece of equipment is the GE 64-Slice CT Scanner—new 3D imaging technology that enables radiologists to precisely pinpoint blockages in the coronary artery, lungs and other organs to make an accurate diagnosis in record time. The Center also features an MRI scanner and specialized scanning equipment that provides the highest quality images for patients with cancer, brain disorders and heart conditions.

**Renaissance Imaging Center
818-435-1400**

INCREDIBLE TECHNOLOGY

Northridge Hospital Medical Center has taken the lead as the first and only facility in the San Fernando Valley to offer four of the most cutting-edge pieces of medical equipment available: **da Vinci® Robotic Surgery System, Trilogy Stereotactic Radiation Therapy, the 64-Slice CT Scanner and Gamma Knife** (see **Neuroscience Institute**). These minimally-invasive and noninvasive treatments result in faster, more precise diagnoses, shorter hospital stays and quicker recoveries—whether patients are treated for cancer, a brain tumor or heart disease.

da Vinci Robotic Surgery

da Vinci Robotic Surgery allows physicians to perform minimally-invasive prostatectomy, hysterectomy and other urological and gynecological procedures through incisions the size of a dime. da Vinci allows the surgeon to maneuver and control instruments in ways not humanly possible, which increases accuracy. Patient advantages include a shorter hospitalization, reduced pain, less scarring and a faster recovery.



da Vinci
818-885-3500

Trilogy Linear Accelerator Stereotactic System

Trilogy has the precision of Gamma Knife for the brain—only it treats the entire body. It conforms to the three-dimensional shape of tumors and kills cancer cells with pinpoint accuracy. And it's fast—60 percent faster than traditional linear accelerators. For example, lung cancers, which could require up to seven weeks of daily radiation, can now be treated in three visits—with fewer side effects!

Harold & Carole Pump
Department of Radiation Oncology
818-885-5331

64-Slice CT Scanner

The noninvasive **GE 64-Slice CT Scanner** allows Radiologists at Northridge Hospital to spot tumors the size of a grain of rice. It can also produce extremely detailed images of organs and lungs and reveal tiny pockets of heart-disease causing plaque in artery walls. Plus, the low radiation dose is up to 70-percent less than competing equipment.

Northridge Hospital Inpatient Imaging
818-885-8500, ext. 5095
Renaissance Imaging Center 818-435-1400

SIGNIFICANT RESULTS

center for **WEIGHT LOSS SURGERY**

The **Center for Weight Loss Surgery** offers minimally-invasive weight loss procedures, including Gastric Bypass, LAP-BAND® and Sleeve Gastrectomy performed either laparoscopically or with the da Vinci Robotic Surgical System®. Weight loss surgery results in a feeling of fullness and fewer calories consumed. Benefits include minimal scarring, less pain, and in many cases the elimination of medication or treatment for patients suffering from diabetes, hypertension or sleep problems.

Center for Weight Loss Surgery
Toll-free 877-448-4448



MIRACULOUS DISCOVERIES

Clinical Research Trials

Northridge Hospital remains on the forefront of the latest research developments by participating in clinical research opportunities and partnering with some of the nation's most credible institutions. These studies help meet the challenge to find new and improved treatments and cures.

*Clinical Research Department
818-885-8500, ext. 5391*

EXTRAORDINARY VOLUNTEERS

Volunteers Make a Difference

Looking for volunteer opportunities? Northridge Hospital is the perfect place! Our volunteers assist with the Information Desk, Gift Shop, business offices and help and visit families as our medical team cares for trauma and surgery patients. We encourage teenagers, ages 14 to 18 and adults of all ages to volunteer.

*Volunteer Services
818-885-8500, ext. 2961*

INCREDIBLE SUPPORT

Spiritual Care

At Northridge Hospital we respect and affirm the value of all religious and spiritual paths. Our multi-faith **Spiritual Care Services** team boasts chaplains who provide a compassionate, supportive and objective ear during times of need. Our chapel and meditation garden are also available for reflection and prayer.



*Spiritual Care Program
818-885-5351*

Palliative Care (Comfort Care)

The **Palliative Care** team is a compassionate group of Physicians, Nurses, Social Workers, Pharmacists and Spiritual Care Leaders who address the special needs of patients and families who are faced with a life-threatening or life-limiting illness. This team of experts works with the patient and/or family to clarify treatment goals and to address pain or other symptoms.

*Palliative Care Program
818-885-8500, ext. 4601*

Pet Therapy

A visit from a friendly dog can be just the right medicine. Accompanied by its owner-volunteer, a specially-trained and groomed "Paws That Refresh" pet therapy dog is available to visit most of the medical floors, twice daily, delivering unconditional love to our patients' bedside. Pet therapy is proven to decrease blood pressure and stress while easing anxiety and pain.



NOTABLE DONORS

As a non-profit hospital, we count on the community's generosity. One of our valued community supporters is the **Harold Pump Foundation**. It's a cancer benefit foundation that honors a beloved husband and father who lost his battle with cancer in 2000. Using their unique relationship-building talents and skills, Harold's wife Carole and their twin sons, Dana and David, have raised more than \$4.2 Million for the Leavey Cancer Center, Harold and Carole Pump Department of Radiation Oncology and the Carole Pump Women's Center at Northridge Hospital Medical Center. To learn more about other giving opportunities, call the Northridge Hospital Foundation at *818-885-5341, ext. 2*.

www.NorthridgeHospitalFoundation.org

REMARKABLE OUTREACH

\$350 Million Donated in Community Outreach, Free Clinics and Medical Care

Giving back is key to the moral success of any organization. Northridge Hospital has provided more than \$350 Million over the past eight years for preventative and ongoing charity care to the underserved members of our community. Our endeavor is to improve the quality of life, which is why we've also given more than \$1.1 Million in grants to community non-profit organizations over the past 10 years.

Northridge Family Practice Center

The **Northridge Family Practice Center** is affiliated with Northridge Hospital. The Center houses the Northridge Family Medicine Residency Program where resident and Board-certified family physicians care for patients of all ages and cultural backgrounds. The physicians and friendly staff are committed to caring for underserved populations. The Family Medicine Residency Program is affiliated with the Geffen School of Medicine at UCLA and has been training family physicians for over 30 years. More than 200 residents have completed the three-year training program.

Family Practice
818-885-5480

Center for Healthier Communities

Since 1997, the **Center for Healthier Communities** has provided innovative solutions to the community's unmet health needs through the **Center for Assault Treatment Services (CATS)**, the **School-Based Obesity and Diabetes Initiative (SODI)** and the **Valley CARES Family Justice Center**.



Center for Assault Treatment Services (CATS)

Northridge Hospital's CATS program treats over 1,000 children and adults for sexual abuse and assault each year. It is the only 24/7 program in the San Fernando and Santa Clarita Valleys. The CATS team also trains thousands of community leaders in mandated child abuse reporting guidelines. The program's three service components help victims begin the recovery process while providing law enforcement with evidence to assist with the investigation process.

- Medical examinations and forensic interviews in a supportive environment
- Case managed counseling and referrals
- Outreach and training



CATS
818-785-3489

www.abuse-assaultservices.org

SODI Trims Down Childhood Obesity Rates

The **School-Based Obesity and Diabetes Initiative (SODI)** serves 36 LAUSD District 1 schools in low-income, high-need areas and provides outreach to more than 30,000 students. SODI encourages students, parents and teachers to adopt healthy exercise and eating habits through programs and collaborations with community-based organizations.

SODI
818-785-3489

Valley CARES Family Justice Center

Abuse victims are taking back their lives with help from a collaboration of major community partners led by Northridge Hospital Medical Center's **Valley CARES Family Justice Center**—the *first* of its kind in Los Angeles County. The Center offers support and services in a safe and comforting place for victims of domestic violence, sexual assault and child abuse. The partners, all housed in one location, include the Los Angeles Police Department, Valley Trauma Center, the City and County District Attorney's Offices, Neighborhood Legal Services and others.



Family Justice Center
818-304-8900 • www.valleycaresfjc.org

OUTSTANDING NURSES

Northridge Hospital boasts highly-educated nurses, many who hold bachelor degrees or higher in nursing and continue to pursue advanced certifications.

Versant RN Residency Program

Northridge Hospital offers Versant's New Graduate Program in both the Adult Acute Care and Pediatric Areas. Northridge Hospital was the first site in California and one of only two sites in the nation to originally launch Versant's Adult Care RN Residency Program.

*RN Residency Program
818-885-8500, ext. 2970*

Advanced Degree Partnership

Catholic Healthcare West partnered with Holy Names University to offer a Bachelor of Science degree in nursing (BSN) program for current employees (who hold an associate degree in nursing) via interactive video conferencing at the Hospital.

*Holy Names University
800-430-1321*

Professional Practice Council

The Professional Practice Council allows Northridge Hospital's staff nurses to actively participate in improving the nursing practice.

Going Magnet

Northridge Hospital is pursuing the prestigious national **Magnet Designation**, which acknowledges nursing excellence.

*Magnet Steering Committee
818-885-8500, ext. 4984*



NOTABLE EMPLOYMENT OPPORTUNITIES

Looking for a fulfilling career? Northridge Hospital rates high on employee satisfaction with about 80 percent of our new hires recommended by people who work here. We emphasize continuing education and encourage employees to maximize their potential by offering tuition reimbursement, scholarships and classes to improve their skills.

*For employment opportunities, please visit
www.NorthridgeHospital.org/Careers.*

CAREPAGES

Families who are far away when a loved one is hospitalized can now feel as if they are right there at the patient's bedside.

CarePages are FREE personal websites with message boards that can be used to provide emotional support, patient updates and pictures.

CarePages can be created from any computer and managed by the patient, family or friend. For more information about this unique service offered by Northridge Hospital Medical Center, log on to

www.NorthridgeHospital.org/CarePages.



OUTSTANDING EVENTS

Health Education Classes

Northridge Hospital's classes feature physicians and other experts who educate the community on how to maintain optimal health and prevent injuries and illnesses. Topics include cancer, heart, diabetes, women's health, senior care, children's health, prenatal care and nutrition.

www.NorthridgeHospital.org/classes

Support Groups

If you are facing a challenging issue or illness, you can join one of our 20 special compassionate Support Groups, which can be healing and uplifting. We offer support groups for those affected by cancer, Parkinson's disease, fibromyalgia and more.

www.NorthridgeHospital.org/supportgroups

FREE Screenings

Northridge Hospital offers free health screenings throughout the community. Each year, we screen hundreds of people for prostate, colon, cervical and breast cancer in addition to free blood pressure and diabetes testing.

Thanks to the generosity of the **Harold Pump Foundation**, we also host four free health fairs per year at the hospital in partnership with Family Practice Residency Program. The events, appropriately titled "Reaching Out," are offered to the uninsured and underinsured who receive free mammograms, pap smears and prostate exams.



Cancer Outreach Services
818-700-5668

Northridge Fashion Center Mall Health Screenings

Northridge Hospital Medical Center presents **FREE** monthly health tests at Northridge Fashion Center, located at 9301 Tampa Ave., Northridge. You'll find us twice a month on the UPPER LEVEL, CENTER COURT, between the FOOD COURT and JC PENNEY. For more details, visit:

www.NorthridgeFashionCenter.com or
www.NorthridgeHospital.org/BetterHealth

FREE HealthSpeak Magazine

Receive more information about Northridge Hospital's Health Education Classes, Support Groups, Free Health Screenings and services by subscribing to **HealthSpeak**—a free community magazine. Call 818-885-5339, ext. 2 to sign up.



FIND AN AMAZING DOCTOR

To find a qualified physician near you, please call our **FREE Find-A-Doctor Line Toll-Free at 855-A-DOC-4-ME (855-236-2463)** or 818-908-8677 or visit our website at www.NorthridgeHospital.org

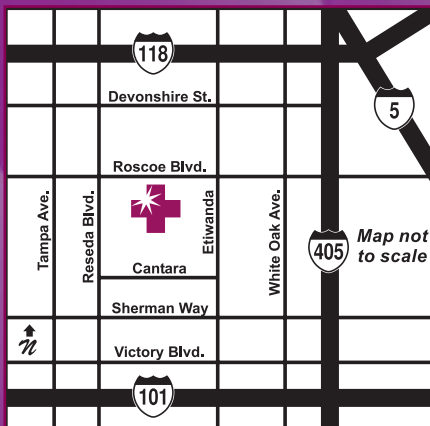
AMAZING CONNECTION



bloom is a free email newsletter from the physicians and health experts at Northridge Hospital. Each month we'll deliver the latest health information right to your inbox. Subscribe **FREE** now at **bloom**: www.NorthridgeHospital.com/bloom.

MEET US ONLINE

www.NorthridgeHospital.org is your guide to wellness. Delve into our extensive medical library, learn about the latest medical technology and advancements and test your healthcare "know how" with our quizzes and assessments.



18300 Roscoe Boulevard • Northridge, CA 91328
Main Hospital • 818-885-8500
FREE Find-A-Doctor Toll-Free at
855-A-DOC-4-ME (855-236-2463)
or 818-908-8677
www.NorthridgeHospital.org



Northridge Hospital Medical Center

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