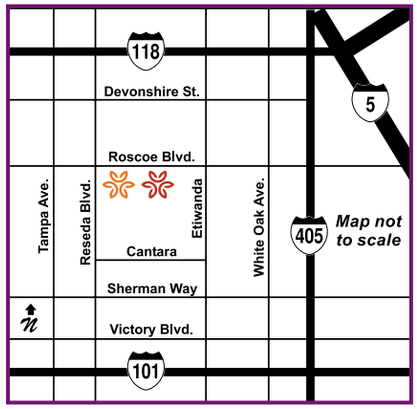
Northridge Hospital Medical Center provides an excellent therapeutic experience where patients feel comfortable and supported. We offer a safe environment for adolescents, adults and seniors to heal and learn healthy behaviors.

Under the supervision of a board-certified Psychiatrist, our team of experts combines the latest medical information with the best of traditional medicine and compassion to care for individuals suffering from mental illness and emotional problems. As a short-term care facility, our focus is on crisis stabilization and to provide patients with the knowledge and tools they need to succeed in recovery.

The positive outcomes achieved at the Behavioral Health Center are maximized by the inclusion of the patient and family as part of the treatment team.

Northridge Hospital Medical Center is a 411-bed facility serving the San Fernando Valley for nearly 60 years. As a nonprofit, community-based organization, Northridge Hospital offers a full spectrum of healthcare programs and Centers of Excellence. Northridge Hospital is affiliated with Dignity Health, the fifth largest health system in the nation.



Hospital & Intensive Inpatient Care:
18300 Roscoe Blvd., Northridge, CA 91328

Partial Hospitalization/Day Treatment:
18440 Roscoe Blvd., Northridge, CA 91328

Main Number: 818-885-8500
24-Hour Psychiatric Services Line: 818-885-5484

3 FREE Ways to Find a Mental Health Professional

1. Call our multilingual staff at 818-908-8677 for assistance in finding the right doctor.
2. View our physician listing by zip code, specialty and name www.NorthridgeHospital.org
3. View the www.Healthgrades.com searchable database for doctor profiles and patient comments.

Dignity Health
Northridge Hospital Medical Center

Dignity Health
Northridge Hospital Medical Center

Psychiatric Services for Adults, Seniors and Adolescents

Outpatient and Short-Term Hospitalization for Mental Illness, Behavioral Disorders and Addiction

Where to Begin

Individuals in crisis can call the Northridge Hospital **Psychiatric Services Line at 818-885-5484.** Available 24-hours-a-day, callers will be linked to professionals who can provide confidential evaluations, family support, treatment and next-step recommendations. *To be admitted to the Behavioral Health Center, patients must have Admitting Orders from their physician or be admitted through our Emergency Department.*

Psychiatric Counseling

If you need to find a qualified Psychiatrist or Psychologist, please call our **FREE Find-A-Doctor service at 818-908-8677** or visit **www.NorthridgeHospital.org** or **www.Healthgrades.com.**

Inpatient Hospitalization Program

Our Inpatient Behavioral Health Program is for patients who are unable to function due to psychiatric difficulties, drugs or alcohol. Our program provides intensive therapy, support, structure and stability in a safe and therapeutic environment.

- **Crisis Intervention** – Behavioral Health staff rapidly assesses the patient for safety risks and stabilizes the crisis situation.
- **Detoxification Management and Chemical Dependency Counseling** – Our detoxification protocols are tailored for the individual needs of the patient based on current use, history of substance dependence and physical/emotional status.
- **Electroconvulsive Therapy (ECT)** – This therapy can be successful in patients with severe depression, acute mania and certain schizophrenic syndromes.
- **Partial Hospitalization Program (PHP)** – This program provides the therapy, structure and support of an inpatient program, but allows participants to return home daily. Transportation is available.
- **Intensive Outpatient Program (IOP)** – The IOP is designed to avert a crisis and make the transition from a hospital setting to your home as smooth as possible. The IOP offers group and individual services 10–12 hours a week. Transportation is available.

Adult & Senior Behavioral Health

We assess and treat **adult and senior** patients with a variety of issues, including:

- Abuse
- Anger Management
- Anxiety and Panic Disorder
- Bipolar Disorder
- Chemical Dependency/ Detoxification
- Depression
- Obsessive Compulsive Disorder
- Schizophrenia/ Schizoaffective Disorder
- Seniors - mood issues and dementia

Adolescent Behavioral Health (Ages 13 – 17)

We offer highly specialized services for teens to help them and their families manage a serious behavioral, emotional or psychiatric crisis.

As the only hospital-based Adolescent Behavioral Health Service in the San Fernando Valley, we offer **Intensive Inpatient or Partial Hospitalization/ Day Treatment options**. A Board-Certified Child and Adolescent Psychiatrist oversees every patient's care.

Our program offers crisis stabilization and symptom management in a safe, structured environment for patients who have been diagnosed with one or more of the following:

- Anger Management
- Anxiety and Panic Disorders
- Attention Deficit Hyperactivity Disorder
- Bipolar Disorder
- Chemical Dependency/Detoxification
- Depression
- Eating Disorders
- Schizophrenia/ Schizoaffective Disorder

For more information on our services, please visit www.NorthridgeHospital.org